



RESEARCH AND EDUCATIONAL CENTER
For OBSTETRICS and GYNAECOLOGY
Department of Surgical Sciences, University of Torino



LAPAROSCOPIC SUTURING & KNOTTING COURSE

THE STITCH UP

TORINO, 17-20 OCTOBER 2019

OSPEDALE S. ANNA
AOU CITTÀ DELLA SALUTE E DELLA SCIENZA
Via Ventimiglia 3, Torino

PRESIDENT

Professor Chiara Benedetto

DIRECTOR

Dr. Armando Romeo

European
theAcademy of
Gynaecological
Surgery



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LAPAROSCOPIC SUTURING & KNOTTING COURSE

THE STITCH UP

AIMS

The laparoscopic suturing course "THE STITCH UP" is a three-day practical intensive course, set-up according to the European Academy of Gynaecological Surgery's Standards. Its aim is to give all specialists in surgical disciplines an opportunity to learn and practice the basic techniques of laparoscopic suturing.

"The Stitch-up" course prepares those wishing to obtain the GESEA diploma. During the course, participants will have the opportunity to be tested by using the LASTT (Laparoscopic Skills Training and Testing) and SUTT (SUTuring and knot tying Training and Testing) models used during the GESEA diploma testing.

Hands-on training, using the pelvic trainer to simulate different possible scenarios involving pelvic-endoscopic procedures, will be the core of this course along with theoretical lessons given by expert tutors.

Participants will be trained by using tested and certified practical exercises aimed specifically at the quick assessment of basic and suturing laparoscopic techniques in compliance with the European Academy of Gynaecological Surgery's format.

The constant supervision by expert and certified tutors will ensure the quality of learning, thus enhancing the final results. The assessment of the laparoscopic skills, learned during the course, will be tested by validated competitions and timed tests.

THE GESEA DIPLOMA

The European Academy of Gynaecological Surgery in collaboration with the European Society of Gynaecological Endoscopy (ESGE) has elaborated a diploma programme open to those who have a surgical background. The GESEA (Gynaecological Endoscopic Surgical Education and Assessment) programme is based on the most innovative evidence-based medicine. Our REC Center of the University of Torino is officially accredited by the European Academy of Gynaecological Surgery for the GESEA Programme.

TOPICS

KNOTTING LAB
ROMEO'S GLADIATOR RULE
STITCHING
SUTURING
SUTURING LAB
URETERS BALLOONS

BLADDER BLOAT
CLINICAL APPLICATION
COMPETITION
ERGONOMY
HAPPY CHICKEN
KNOTTING



SCIENTIFIC PROGRAM

DAY 1

- 14.00 **Registration**
- 14.30 **Welcome & Introduction (C. Benedetto)**
- 14.45 Presentation of the course (A. Romeo)
- 15.00 LASTT Testing (F. Campolo)
- 16.15 HANDS-ON: stitch up TEST (S. Cosma)
- 16.30 **Coffee Break**
- 16.45 LECTURE: ergonomics (G. Lanzo)
- 17.00 LECTURE: suturing (G. Centini)
- 17.15 HANDS-ON Lab1: loading the needle and stitch (U. Catena)

DAY 2

- 09.00 LECTURE: running sutures (U. Catena)
- 09.15 HANDS-ON Lab2: stitch in camembert and Z line (G. Centini)
- 10.45 **Coffee Break**
- 11.00 LECTURE: romeo's gladiator rule (A. Romeo)
- 11.15 HANDS-ON Lab 3: knotting lab gladiator (G. Lanzo)
- 12.30 **Light lunch**
- 14.00 HAND-ON Lab 4: WARM UP! (S. Cosma)
- 14.30 LECTURE: knotting alternative techniques (F. Campolo)
- 14.50 HANDS-ON Lab 5: intracorporeal techniques (U. Catena)
- 16.00 **Coffee Break**
- 16.15 LECTURE: rules & tips of the extracorporeal technique (G. Lanzo)
- 16.30 HANDS-ON Lab 6: extracorporeal knot & cinch technique (G. Centini)
- 17.30 HANDS-ON Lab 7: stitching sequences (G. Lanzo)

DAY 3

- 09.00 LECTURE: GESEA PROGRAMME (F. Campolo)
- 09.15 Freshen-up
- 09.30 HANDS-ON Lab 8: running suture (U. Catena)
- 10.30 **Coffee Break**
- 10.45 HANDS-ON Lab 9: happy chicken (G. Centini)
- 11.30 Suturing test 2 (S. Cosma)
- 12.00 HANDS-ON Lab 10: fine suturing (G. Lanzo)
- 13.00 **Light lunch**
- 14.00 Freshen-up
- 14.15 HANDS-ON Lab 11: happy chicken II (G. Lanzo)
- 15.15 LECTURE: trouble shooting (G. Centini)
- 15.30 HANDS-ON Lab 12: SUTT preparation
- 16.00 Competition and Prize (F. Campolo)



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FACULTY AND COURSE COORDINATORS

Dr. Campolo Federica
Dr. Catena Ursula
Dr. Centini Gabriele
Dr. Cosma Stefano
Dr. Lanzo Gabriele
Professor Marchino Gianluigi

TUTORS

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Dr. Bovetti Marialuisa
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Dr. Manti Emanuele
Dr. Salvagno Francesca
Dr. Tancredi Annalisa

SEGRETERIA ORGANIZZATIVA

◆ CG MKT

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E-mail: congressi@cgmkt.it • www.cgmkt.it

PROVIDER

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With the support of:



Scheda d'iscrizione

Da inviare entro il 4 Ottobre 2019 per fax, e-mail a: ◆ CG MKT - Via Cassia, 1110 - 00189 Roma
Tel. 06 30090020 - Fax 06 30360133 - congressi@cgmkt.it

Iscrizione al congresso (quote Iva inclusa)

- Medici specialisti € 800,00
- Specializzandi € 600,00

Il corso ECM è accreditato per Medici specialisti in ginecologia ed ostetricia, urologia, chirurgia generale ed è limitato a 20 partecipanti.

Indicare:

Prof./Dott		
Luogo e data di nascita		
C.F.		P. IVA
Residente a		C.a.p.
Via		
Tel		Fax
Per il rilascio della fattura elettronica indicare:		
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Firma

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