



**RESEARCH AND EDUCATIONAL CENTER**  
For OBSTETRICS and GYNAECOLOGY  
Department of Surgical Sciences, University of Torino

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# HOW TO HYST

TORINO, 18-19 MAY 2022

#### PROJECT LEADER



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Thanks to:

European  
Academy of  
Gynaecological  
Surgery



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# HOW TO HYST

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## AIMS

New technologies in hysteroscopy have revolutionized the diagnosis and therapy of intrauterine disorders, ensuring excellent clinical results. Therefore, a thorough knowledge of the new hysteroscopic techniques is of pivotal importance to keep gynaecologists updated. The hysteroscopy course "HOW TO HYST BASIC" is a two-day practical, intensive course set-up according to the European Academy of Gynaecological Surgery's standards to give gynaecologists an opportunity to learn and practice the most modern hysteroscopic techniques. Hands-on training using the hysteroscopic trainer and animal models to simulate different possible intrauterine scenarios will be the core of this course, along with theoretical lessons given by expert tutors.

Participants will perform tested and certified practical exercises and will be trained in the use of hysteroscopic techniques. The limited number of 2 participants per training station and the constant supervision by expert and certified tutors will ensure the quality of the learning, thus enhancing the final results. The assessment of the hysteroscopic skills learned during the course will be tested by validated timed tests.

## THE GESEA DIPLOMA

The European Academy of Gynaecological Surgery in collaboration with the European Society of Gynaecological Endoscopy (ESGE) has elaborated a diploma programme open to those who have a surgical background. The GESEA (Gynaecological Endoscopic Surgical Education and Assessment) programme is based on the most innovative evidence-based medicine. Our REC Center of the University of Torino is officially accredited by the European Academy of Gynaecological Surgery for the GESEA Programme.

## TOPICS

STRUMENTATION & SURGICAL TECHNIQUES

HYST

DIAGNOSTIC HYSTEROSCOPY

BIPOLAR OFFICE HYSTEROSCOPY

MECHANICAL OPERATIVE HYSTEROSCOPY

RESECTOSCOPY

NEW DEVICES

COMPLICATIONS

## DAY 1

09.30 **Registration**

10.00 **Welcome & Introduction**

10.15 Hysteroscopic Instrumentations: column and Hysteroscopes (A. Romeo)

10.45 **Coffee break**

11.00 Principles of energy in Hysteroscopy (A. Romeo)

12.00 Office Hysteroscopy (G. Lanzo)

13.00 Questions and Answers

13.30 **Lunch**

14.30 Ultrasound: Polyps and Myomas (S. Sdei)

15.00 Ultrasound: Endometrial Cancer, placental remnants, niche (E. Bianquin)

15.30 Ultrasound: Congenital malformations (A. Tancredi)

16.00 **Coffee break**

16.15 Office polypectomy (L. Chiarolini)

16.45 Office and resectoscopy myomectomy (M. Giarola)

17.15 Septate Uterus: to treat or not to treat (A. Laganà)

**17.45 Closure**

## DAY 2

09.00 Group 1 Dry Lab

Group 2 Wet Lab

13.00 **Lunch**

14.00 Group 2 Dry Lab

Group 1 Wet Lab

**18.00 Conclusions**

# SCIENTIFIC PROGRAM