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## COURSE DESCRIPTION

Learning how to suture correctly is the "turning point" down the road to advanced Laparoscopic Surgery. The combination of a correct stitch and knot tying enables successful complex surgery.

The appropriate rules make difficult things easy. Romeo's *Gladiator Rule* puts suturing in the hands of all laparoscopists. The knowledge acquired in the past explains which knots are safe/unsafe or dangerous and how to perform safe knots.

This Course provides comprehensive knowledge on the art of laparoscopic suturing, through a combination of the art of laparoscopic suturing, mixing theory and practise. All of which is aimed at obtaining internationally recognised GESEA Certification.

## COURSE OBJECTIVES

At the conclusion of this activity, the participant will be able to:

- 1) identify safe/unsafe and dangerous knots;
- 2) perform bi-manual knot-tying according to Romeo's *Gladiator* rule;
- 3) load the needle and stitching with both hands and the supra pubic route;
- 4) knowledge of electrophysiology and how to set-up electro surgery units;
- 5) knowledge of the products and how to maintain the Laparoscopic Instruments;
- 6) knowledge of the video equipment.

# Master Class: Get ready for GESEA



TORINO, 21-23 JUNE 2021

### PROJECT LEADER



RESEARCH AND EDUCATIONAL CENTER  
For OBSTETRICS and GYNAECOLOGY  
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### PRESIDENT

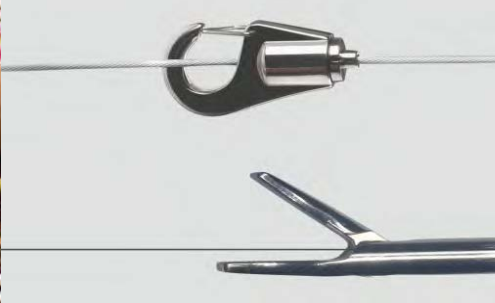
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# SCIENTIFIC PROGRAM

## 21 JUNE 2021

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- 08:30 **Welcome**, Introductions and Course Overview **A. Romeo**
- 08:45 Safe, Unsafe and Dangerous knots in laparoscopy: How to avoid insecure Knots
- 09:15 Romeo's Gladiator Rule: The universal knot tying technique
- 09:45 Understanding the work station
- 10:10 Questions & Answers **All Faculty**
- 10:30 [Coffee Break](#)
- 10:45 **HANDS-ON LAB All Faculty** *Romeo's Gladiator Knot Tying Technique* with the right dominant knot tying hand from the lateral-lateral ports Romeo's Gladiator Knot Tying Technique with the right dominant hand in the supra pubic port and the assistant in left hand port **All Faculty**
- 12:30 [Lunch Break](#)
- 14:00 **HANDS-ON LAB All Faculty** knot tying with the left dominant hand and the assistant's right hand in the supra pubic port, with easy blocking sequences: Half Knot and Half Hitch sequences
- 17:00 Closure of Day

## 22 JUNE 2021

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- 09:00 **HANDS-ON LAB All Faculty** Warm-up Knot tying sequences
- 10:15 The loading of the Needle maneuvers
- 12:30 [Lunch break](#)
- 14:00 **HANDS-ON LAB All Faculty** The perfect stitch with the right and left hand *The X module suturing exercises*
- 15:00 GESEA Level 1  
Suturing Hands-On: The SUTT 1 Exercises
- 18:00 Closure of Day 2

## 23 JUNE 2021

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- 09:00 **HANDS-ON LAB All Faculty**  
Warm-up Sequences with the mono-manual technique
- 09:30 GESEA Level 1  
Laparoscopic LASTT 1  
Camera Navigation with 30° optic  
Endo-Eye Coordination  
Bimanual Coordination
- 12:30 [Lunch break](#)
- HANDS-ON LAB All Faculty**
- 14:00 GESEA Level 1 Hysteroscopy HYSTT 1  
- 30° optic Office Hysteroscopy camera navigation in uterine cavity  
- Simulation polyps extraction
- 18:00 Closure of the course